

2025- 2026

## Firpark Secondary School Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Lentil with crusty bread	Chicken and Rice with crusty bread	Lentil with crusty bread	Vegetable with crusty bread	
<b>OPTION 1</b> <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Cheeseburger in a bun Diced potatoes Vegetables	Chicken goujons in a wrap with potato wedges vegetables of the day and mixed salad	Chicken Curry Rice Nan Bread	Quorn Vegan Dippers Peas	Fish Peas Chips
<b>OPTION 2</b> <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Tomato and Pepper Pasta Crusty Bread	Cheese Tomato Pizza Wedges	Cheese tomato Toastie	Chicken Tikka wrap	Macaroni Cheese
<b>OPTION 3</b> <u>Hot Deli Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Cheese Ham Panini  salad and soup of the day	Tuna Melt panini (v)  salad and soup of the day	Chilli Chicken Wrap  salad and soup of the day	Chicken tikka wrap  salad and soup of the day	Cheese & tomato panini  salad and soup of the day
<b>OPTION 4</b> <u>Sandwich Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sandwich fillings chicken tikka, tuna mayonnaise or cheese salad and soup of the day	Sandwich fillings tuna mayonnaise, chicken or cheese salad and soup of the day	Sandwich fillings chicken mayonnaise or cheese salad and soup of the day	Sandwich fillings honey roast ham tuna mayonnaise or cheese salad and soup of the day	Sandwich fillings chicken tikka, tuna mayonnaise or cheese salad and soup of the day
<b>Week Commencing - 11 Aug 1 Sept 22 Sep 13 Oct 3 Nov 24 Nov 15 Dec 5 Jan 26 Jan 16 Feb 9 Mar 30 Mar 20 Apr 11 May 1 Jun 22 Jun</b>  All singular items purchased must be offered with one portion of vegetables, a mixed salad, and a portion of fruit. Options 3 & 4 will include a portion of soup as standard with a serving of fruit and salad.					

Updated Aug 25

2025- 2026

## Firpark Secondary School Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Lentil with crusty bread	Chicken Noodle with crusty bread	Lentil with crusty bread	Vegetable with crusty bread	
<b>OPTION 1</b> <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Chicken pasta Bake Broccoli	Chilli Bee fwith Rice Green Beans	Roast Chicken and Gravy Yorkshire Pudd Green Beans	Vegan sausage roll, chips baked beans or vegetables of the day.  (Ve)	Fish and Chips
<b>OPTION 2</b> <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Vegetable Pakora	Spicy Pizza	Arrabbiata Pasta	Roll over Hotdog	Macaroni Cheese
<b>OPTION 3</b> <u>Hot Deli Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Fish Burger  Coleslaw	Veggie Meatball Sub	Tomato and Red onion panini  salad and soup of the day	Chicken tikka wrap  salad and soup of the day	Cheese & tomato panini (v) salad and soup of the day
<b>OPTION 4</b> <u>Sandwich Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sandwich fillings Honey roast ham Tuna mayonnaise Or cheese salad and soup of the day	Sandwich fillings Tuna mayonnaise, Chicken or cheese salad and soup of the day	Sandwich fillings Chicken mayonnaise Or cheese salad and soup of the day	Sandwich fillings Honey roast ham Tuna mayonnaise Or cheese salad and soup of the day	Sandwich fillings Chicken tikka, Tuna mayonnaise Or cheese salad and soup of the day
<b>Week Commencing – 18 Aug 8 Sep 20 Oct 10 Nov 1 Dec 22 Dec 12 Jan 2 Feb 23 feb 16 Mar 6 Apr 18 May 8 June</b>					
All singular items purchased must be offered with one portion of vegetables, a mixed salad, and a portion of fruit. Options 3 & 4 will include a portion of soup as standard with a serving of fruit and salad.					

Updated Aug 25

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	LENTIL	VEGETABLE	LENTIL	CHICKEN AND RICE	
<b>OPTION 1</b> <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Spanish Chicken Rice and Broccoli	Beef Bolognese vegetables of the day and mixed salad	Chicken curry, rice and wholemeal pitta bread vegetables of the day and mixed salad (V –Vegetable curry)	Steak Pie served with mashed potatoes, broccoli, and carrots	Fish and Chips
<b>OPTION 2</b> <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Chicken Sausage and Gravy	Quorn Vegan Dippers Wedges and Green Beans	French bread Pizza	Hotdogs	Macaroni Cheese
<b>OPTION 3</b> <u>Hot Deli Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Cheese and Tomato Panini  salad and soup of the day	Cheese panini (v)  salad and soup of the day	Tuna melt panini  salad and soup of the day	Chicken tikka wrap  salad and soup of the day	Cheese & tomato panini (v) salad and soup of the day
<b>OPTION 4</b> <u>Sandwich Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sandwich fillings Chicken Tikka, Tuna Mayonnaise or Cheese salad and soup of the day	Sandwich fillings Tuna mayonnaise, Chicken or cheese salad and soup of the day	Sandwich fillings Chicken mayonnaise Or cheese salad and soup of the day	Sandwich fillings <b>Cheese &amp; honey roast ham</b> Tuna mayonnaise Or cheese salad and soup of the day	Sandwich fillings Chicken tikka, Tuna mayonnaise Or cheese salad and soup of the day
<b>Week Commencing – 25 Aug 15 Sep 6 Oct 17 Nov 8 Dec 29 Dec 19 Jan 9 Feb 2 Mar 23 Mar 13 Apr 4 May 25 May 15 Jun</b>  All singular items purchased must be offered with one portion of vegetables, a mixed salad, and a portion of fruit. Options 3 & 4 will include a portion of soup as standard with a serving of fruit and salad.					